

# 52<sup>nd</sup> SPR International Annual Meeting

## From Unravelling to Stitching: Tailoring Psychotherapy in the Face of Change



*“SPR brings together researchers, clinicians, and students from a variety of theoretical orientations and professional backgrounds”. (Professor Louis Castonguay, Pennsylvania State University, USA)*

Dear Colleagues,

In Sept 2019, The Society for Psychotherapy Research (European Chapter) created a membership committee that – amongst other things – wishes to encourage psychotherapy clinicians and researchers to meet and exchange with the aim of furthering mutual understanding of research and psychotherapy. A person from the EAP Science and Research Commission (SARC) is a member of this committee and has formulated the desire for clinicians to be more involved in SPR activities.

Dialogue between practitioners and researchers is essential for us to build bridges between two activities that both aim at a high quality of psychotherapy practice. Combining our experiences and expertise can help to further the study and practice of psychotherapy together. Therefore, the SARC commission wishes to encourage you to consider participating in the next **International SPR conference** that will be held in hybrid form (both online and presentational) in Heidelberg in June 2021.

The title **“From Unravelling to Stitching: Tailoring Psychotherapy in the Face of Change”** seems to be very inviting and the opportunity to attend, either physically or online, means that the richness of the subject and the debates can be experienced by all. The more clinicians that participate, the more we will be able to be involved in the construction of an evidence-based psychotherapy that resembles what we do effectively in our work with clients.

We sincerely hope to see you there.

Conference link: [www.sprconference.com](http://www.sprconference.com)

The Science and Research Committee (SARC) of the European Association of Psychotherapy

